

Quarantine Protocol for Students & Staff
NRHEG Public Schools
2021-2022

Positive COVID cases

REQUIRED quarantine for at least ten (10) days starting at the onset of symptoms and symptom-free for 24 hours prior to return.

Symptomatic

Common symptoms:

- send the student/staff home (as needed)
- monitor and return to school once symptom-free for 24 hours.

Symptoms that appear to be more consistent with COVID:

- send the student/staff home and send household/siblings that have not been vaccinated or have not tested positive in the last 90 days, home (required)
- student/staff is REQUIRED to quarantine until an alternative diagnosis is given by a doctor or a negative COVID test is received, and symptom-free for 24 hours without medication.

Close contact

Vaccinated people:

- monitor health and recommend wearing a mask for 14 days, continue with activities/attendance, test 5-7 days after exposure

Unvaccinated people:

- recommend quarantine (consult with covid coordinator for shortened quarantine options), test immediately and 5-7 days after exposure
- monitor health and recommend wearing a mask for 14 days, provide information on the protocol if symptoms develop, see above.

Close contact with a household/family member

Vaccinated people:

- monitor health and recommend wearing a mask for 14 days, continue with activities/attendance, test 5-7 days after exposure

Unvaccinated people:

- REQUIRED quarantine for at least fourteen (14) days after last exposure to household member

Quarantine Options

1. 14 days separated from other people

2. 10 days separated from other people, symptom-free, and meets CDC requirements for a shortened quarantine period <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>

3. 7 days separated from other people and a negative test or test(s) if the test occurred on day five after exposure or later. If the antigen tests are serial tests, the last test should be performed on day 7. The testing dates will be determined with the COVID coordinator.